NLADA
National Legal Aid &
Defender Association

YOUR INNER CIRCLE

INNER CIRCLE EXERCISE – List up to eight people who are part of your personal inner circle, i.e., people outside of your immediate family who are closest to you in your personal life. Describe them using the categories below.

Initials (Name)	Gender	Race/Ethnicity	Age	Sexual Orientation	Education	Religion	Disability

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YOUR PROFESSIONAL NETWORK

PROFESSIONAL NETWORK EXERCISE – List up to ten people who are part of your professional network, i.e., people whom you have a relationship of trust whereby you can call on to help meet your professional goals.

Name	Position/Title	Organization	Known how long	Rely on them for…