## DRUG TESTING AND EVIDENCE IN CHILD WELFARE

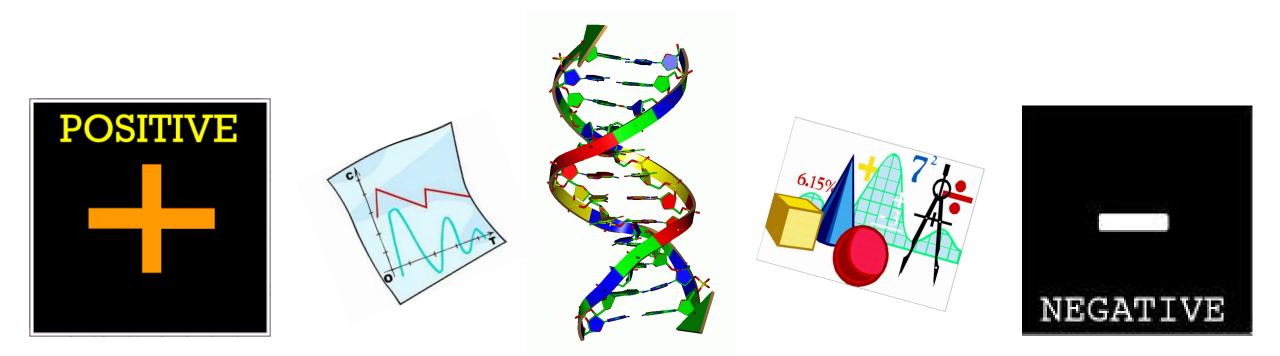
Darice M. Good, JD, CWLS Good Legal Firm, LLC

Diana Rugh Johnson, JD, CWLS Georgia Court Improvement Program

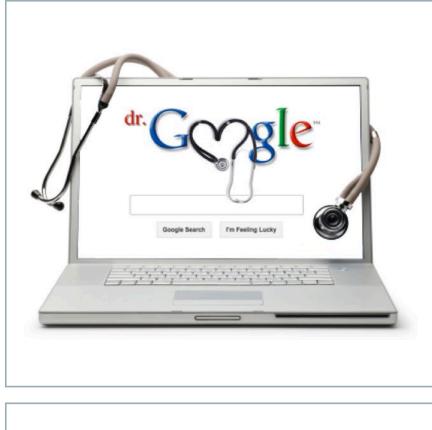
## ROADMAP

- Resources
- How drug tests work
- Types of drug tests
- Chain of custody
- Examination





### INFORMATION IS ONLY USEFUL WHEN IT CAN BE UNDERSTOOD









### SOMETIMES GOOGLE FAILS TO DELIVER





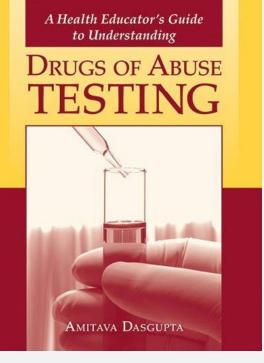






## **RELIABLE ON-LINE RESOURCES**

# BOOKS



#### DRUG TESTING TECHNOLOGY Assessment of Field Applications

Edited by Tom Mieczkowski



Essential Knowledge for the Interpretation of Urine Drug Testing Results

A Clinician's Guide



Mehran Haidari, Ph.D DABCC

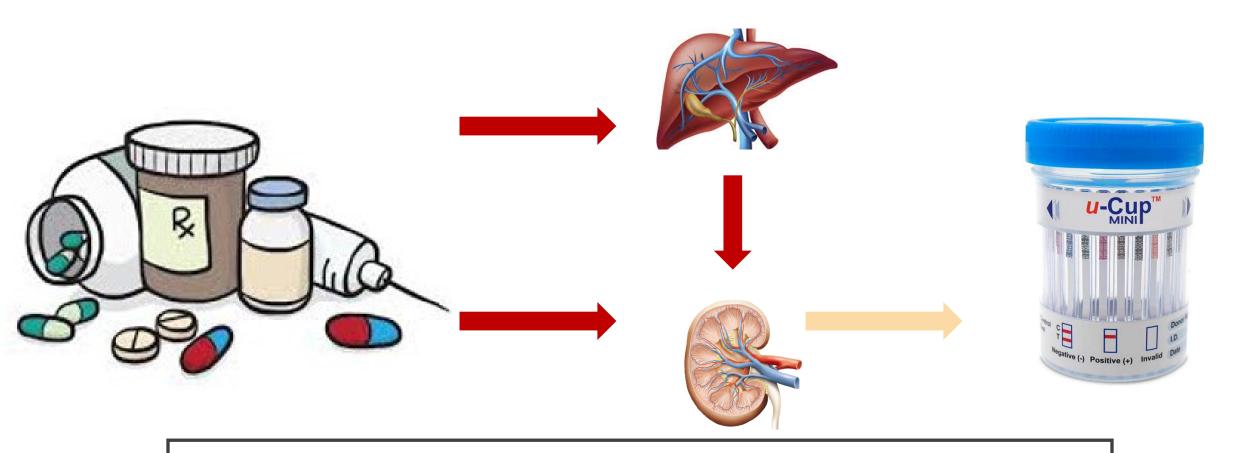
### **Drugs of Abuse**

**Body Fluid Testing** 

Edited by

Raphael C. Wong, MS, MBA Harley Y. Tse, PhD, MBA



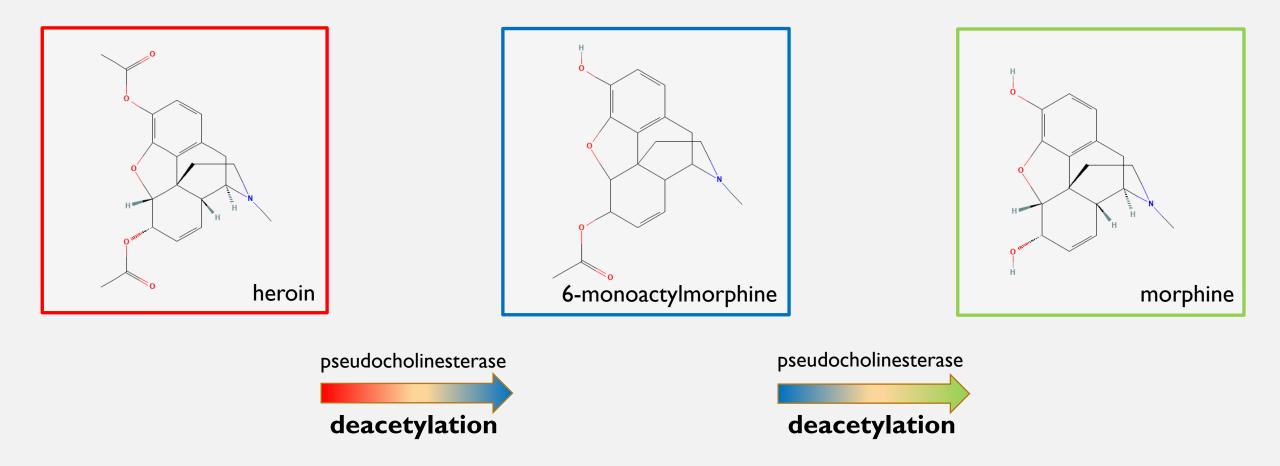


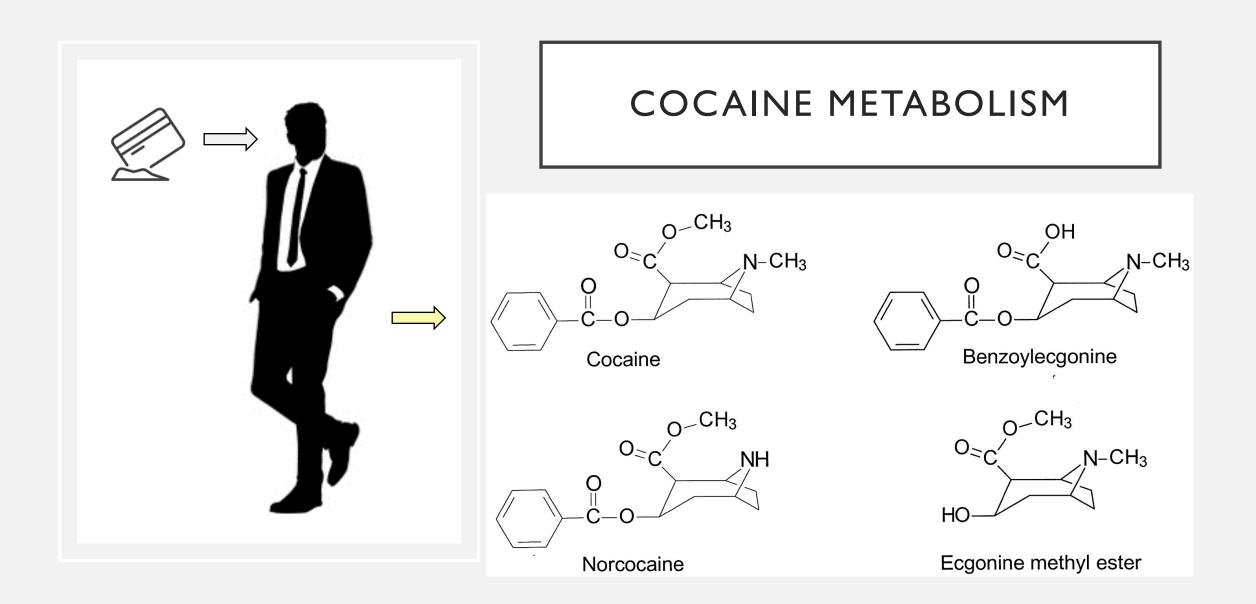
### WHAT DO DRUG TESTS DETECT?

DRUGS AND DRUG METABOLITES\*

\*substances formed when the body breaks down drugs

### AN EXAMPLE OF DRUG METABOLITES





### CHEMISTRY LESSON I

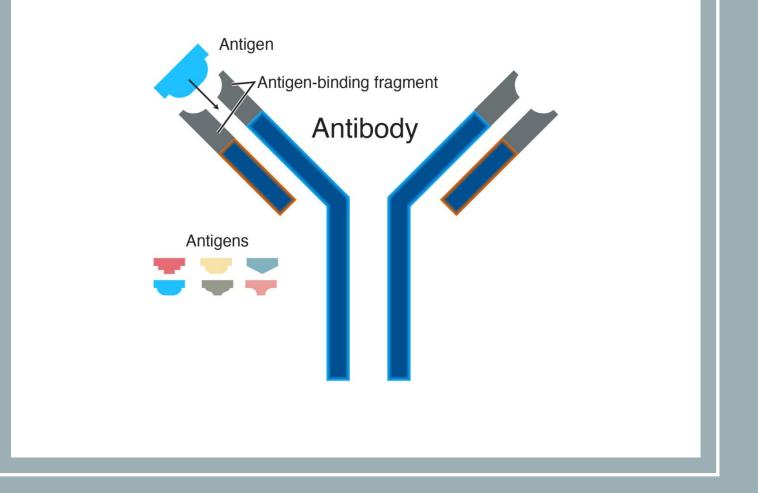
POINT OF CARE URINE SCREENS ARE NOT RELIABLE EVIDENCE OF DRUG USE

### POINT OF CARE TESTS

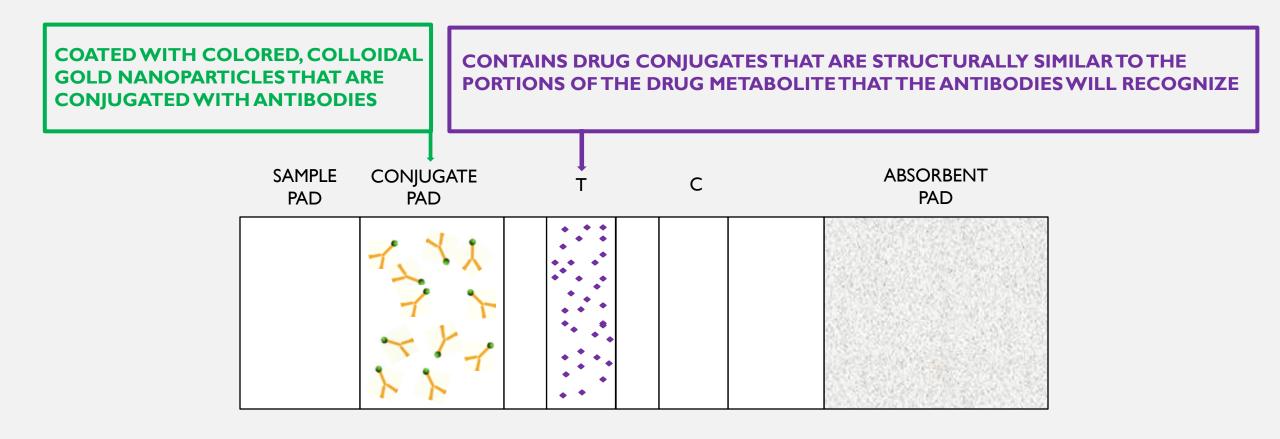
- Lateral flow immunochromatographic assays
- Drug metabolites are recognized and bound by specific antibodies
- Chemical reaction  $\rightarrow$  color change

c	с т
URINE SAMPLE SHOULD NOT TOUCH THE PLASTIC DEVICE	1

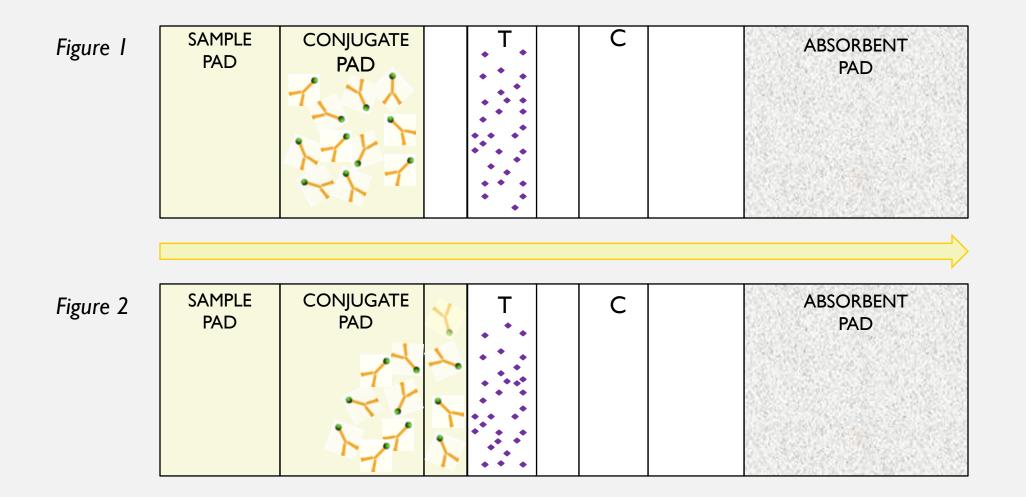
### HOW ANTIBODIES WORK



#### HOW POINT OF CARE DRUG TESTS WORK



### SAMPLE DOES <u>NOT</u> CONTAIN DRUG METABOLITES



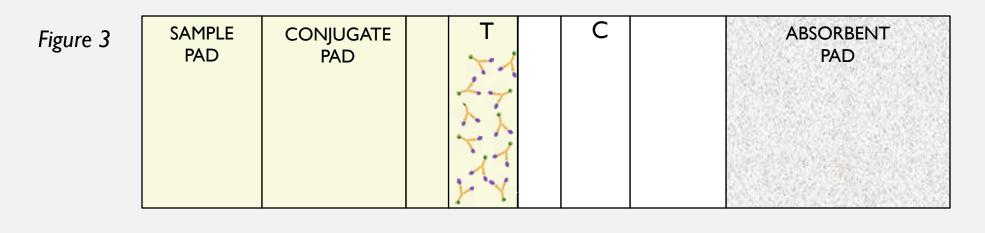
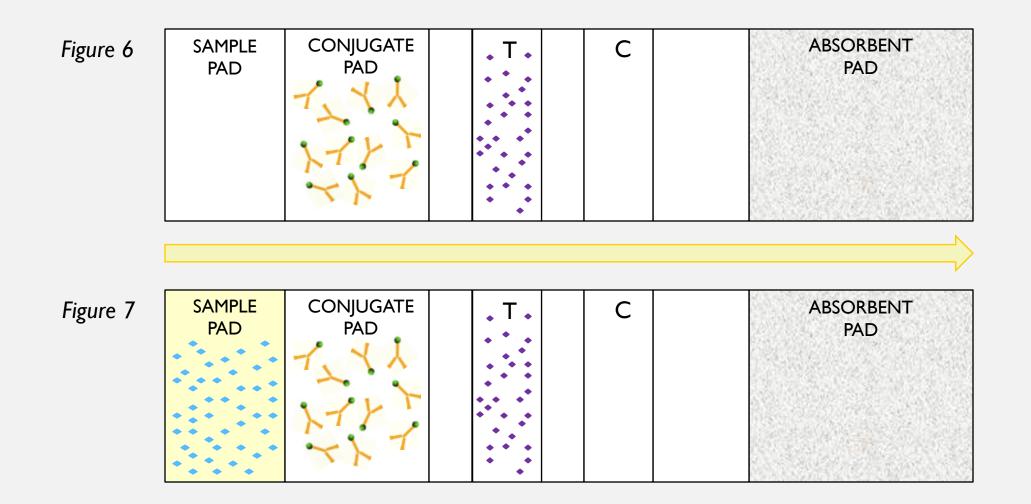


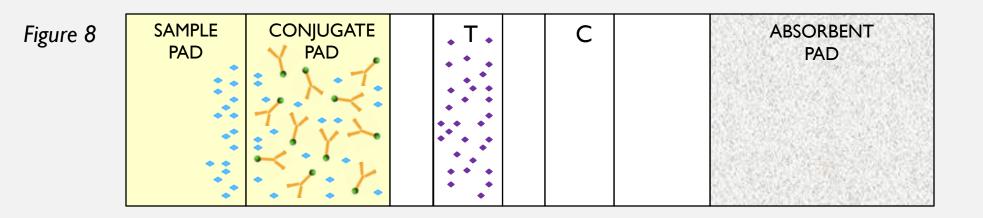


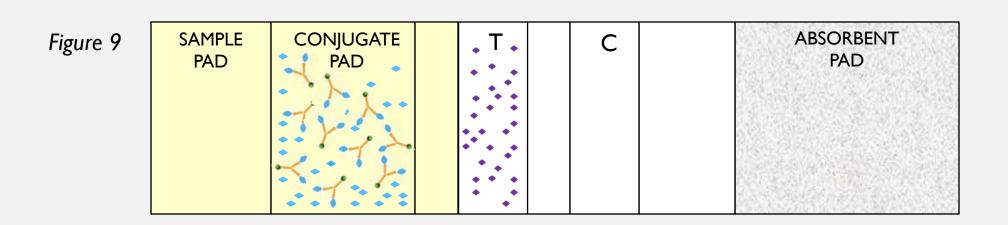
Figure 4	SAMPLE PAD	CONJUGATE PAD	Т	С	ABSORBENT PAD
					<b>.</b>

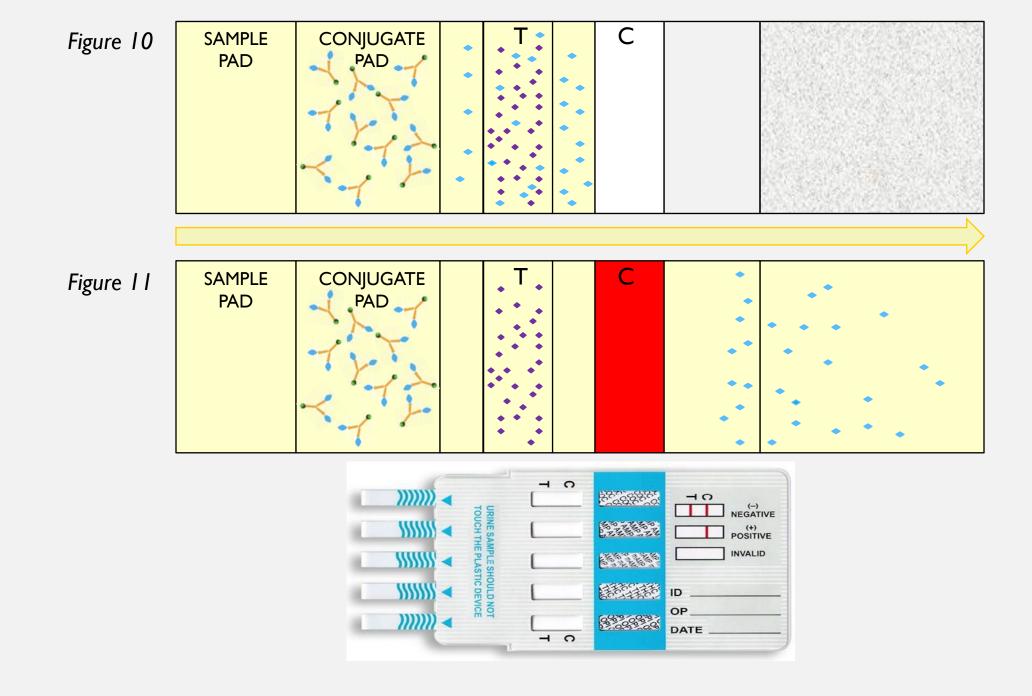
Figure 5	SAMPLE PAD	CONJUGATE PAD		Т		C	ABSORBENT PAD
			URINE SAMPLE SHOULD NOT		С		H C (-) NEGATIVE (+) POSITIVE INVALID
					c		ID OP DATE

#### SAMPLE CONTAINS DRUG METABOLITES









### HOW RELIABLE ARE THE RESULTS OF POINT OF CARE URINE SCREENS?

The answer is in the package insert!





One Step Multi-Drug Test Dip card CLIA Waived Package Insert

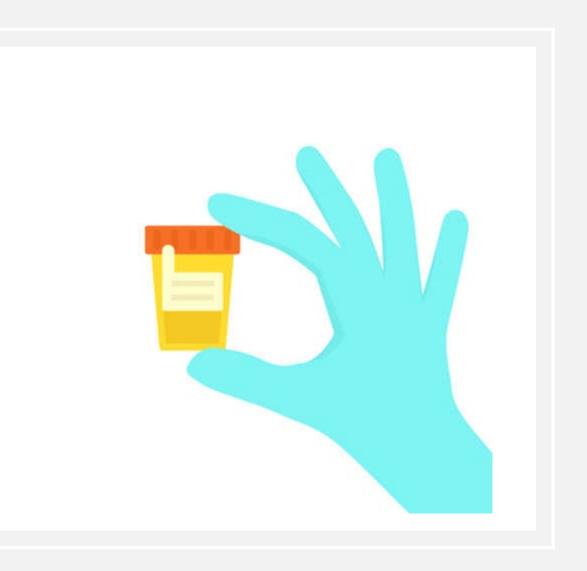
This assay provides only a preliminary analytical test result. A more specific alternate chemical method must be used in order to obtain a confirmed analytical result. Gas chromatography/mass spectrometry (GC/MS) is the preferred confirmatory method. Clinical consideration and professional judgment should be applied to any drug of abuse test result, particularly when preliminary positive results are used.



The test is intended for use as the first step to provide health care professionals and consumers with information concerning the presence or absence of the above stated drugs in a urine sample.

### LIMITATIONS OF POINT OF CARE TESTS

- High concentration cut-offs
- Relatively short detection windows
- Qualitative, not quantitative
- Antibody cross-reactivity with legal medications



### TYPICAL WINDOWS OF DETECTION

DRUG	DETECTION WINDOW
Alcohol	7-12 hours
Amphetamine	2-3 days
Benzodiazepines	2 days – short acting 5 days – intermediate acting 10-30 days – long acting
Cocaine	<ul><li>2 days after single use</li><li>4 days after repeated use</li></ul>
Morphine	2-3 days
Methadone	3-5 days
Oxycodone	2-4 days
Codeine	2 days
Heroin	2 days
Phencyclidine	I4 days
Marijuana	<ul><li>2-3 days after single use</li><li>30 days in chronic abuser</li></ul>

### CHEMISTRY LESSON 2

THERE IS NO SUCH THINGS AS A FAINT POSITIVE

#### INTERPRETATION OF RESULTS

(Please refer to the illustration above)

NEGATIVE:\* Two lines appear. One red line should be in the control region (C), and another apparent red or pink line adjacent should be in the test region (Drug/T). This negative result indicates that the drug concentration is below the detectable level.

\*NOTE: The shade of red in the test line region (Drug/T) will vary, but it should be considered negative whenever there is even a faint pink line.

POSITIVE: One red line appears in the control region (C). No line appears in the test region (Drug/T). This positive result indicates that the drug concentration is above the detectable level.

INVALID: Control line fails to appear. Insufficient specimen volume or incorrect procedural techniques are the most likely reasons for control line failure. Review the procedure and repeat the test using a new test panel. If the problem persists, discontinue using the lot immediately and contact your manufacturer.

Note: There is no meaning attributed to line color intensity or width.

A preliminary positive test result does not always mean a person took illegal drugs and a negative test result does not always mean a person did not take illegal drugs. There are a number of factors that influence the reliability of drug tests. Certain drugs of abuse tests are more accurate than others.

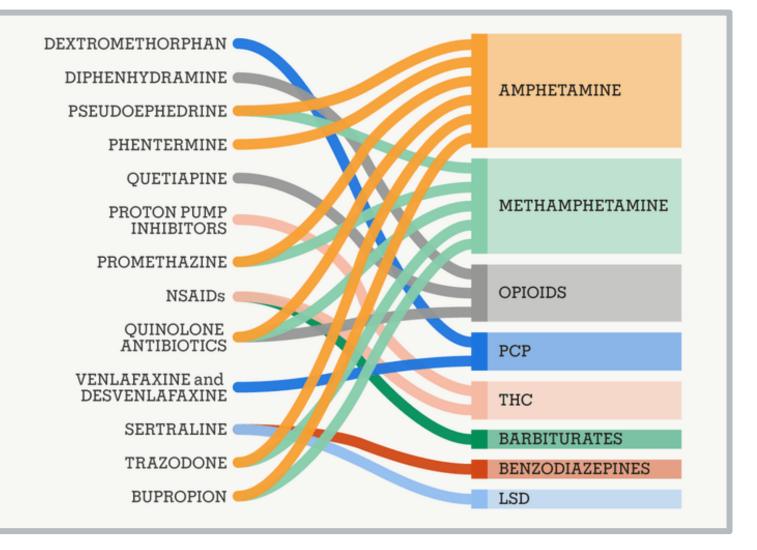
**IMPORTANT**: The result you obtained is called preliminary for a reason. The sample must be tested by laboratory in order to determine if a drug of abuse is actually present. Send any sample which does not give a negative result to a laboratory for further testing.

### WHAT IF THE COLOR CHANGE AT THE TEST LINE IS FAINT?

### CHEMISTRY LESSON 3

LAB TESTS ARE MORE RELIABLE THAN POINT OF CARE TESTS

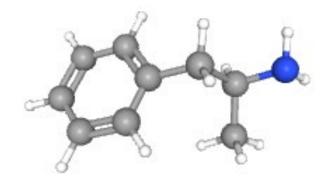
#### COMMON PRODUCTS THAT INTERFERE WITH IMMUNOASSAYS

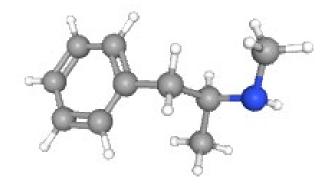


#### COMMON PRODUCTS THAT INTERFERE WITH AMPHETAMINE AND METHAMPHETAMINE IMMUNOASSAYS

CLASS OF DRUG	INTERFERING COMPOUND	PRODUCT NAMES
Antihistamine	Brompheniramine	Allent, Andehist syrup, Bromadrine PD, Bromofed-DMDallergy, Demetapp
Diet Pill	Ephedra (ephedrine) Phentermine Tyramine	Fastin, Adipex
Decongestant	Phenylpropanolamine Pseudoephedrine Phenylephrine	Actifed, Alka-Seltzer Plus, Allegra-D, Claritin D, Comtrex Daytime, Tylenol, Tylenol Sinus, Vicks 44
Acid reducer	Ranitidine	Zantac

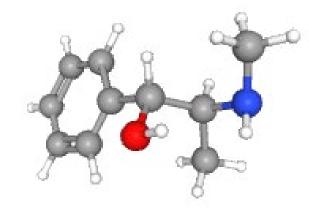
### LOOK AT THE SIMILARTIES



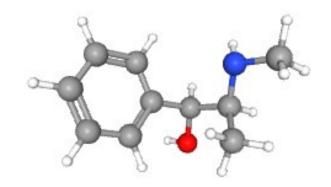


#### amphetamine

#### methamphetamine

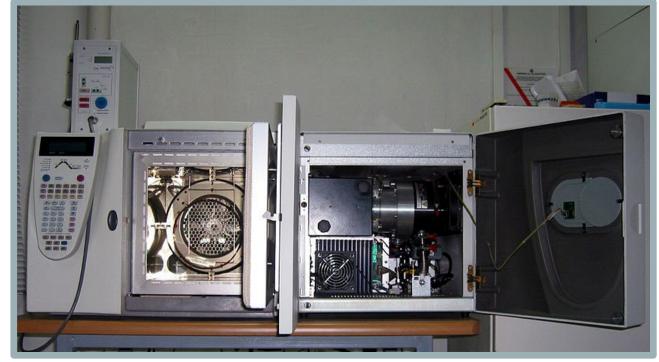


ephedrine

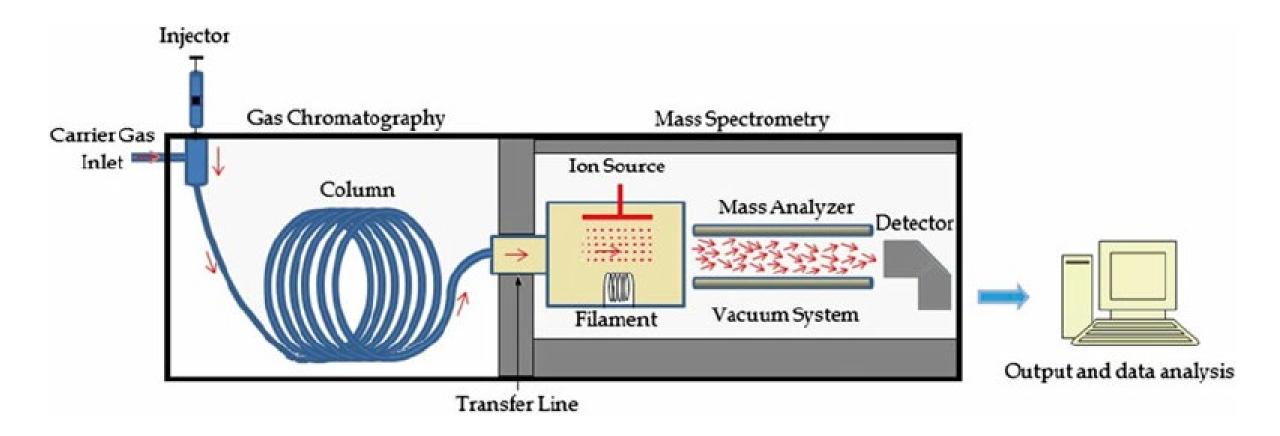


pseudoephedrine



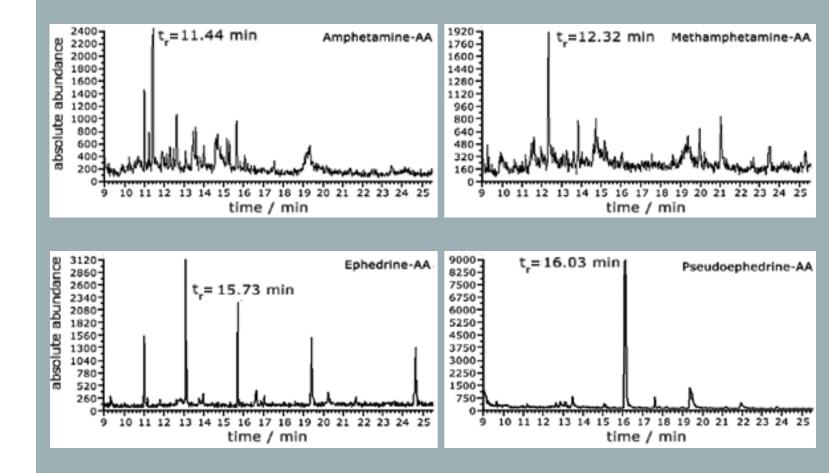


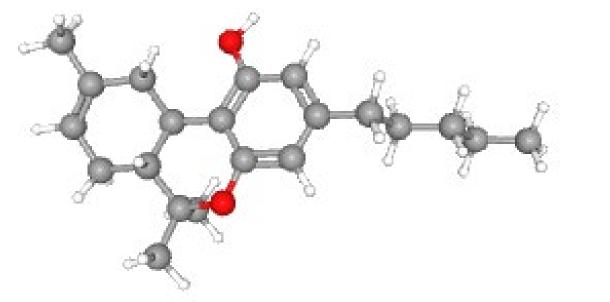
### GAS CHROMOTOGRAPHY/MASS SPECTROMETRY (GC/MS) CAN DISTINGUISH BETWEEN SIMILAR COMPOUNDS

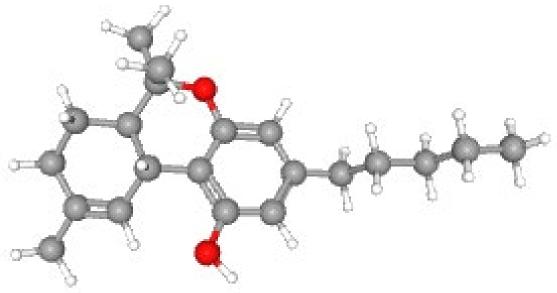


# HOW GC/MS WORKS







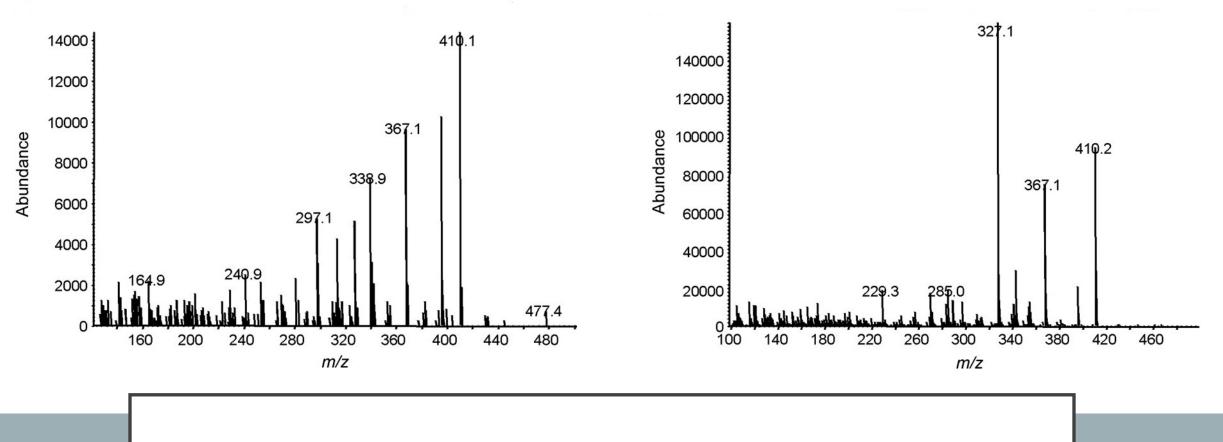


•  $\Delta^9$ -tetrahydrocannabinol carboxylic acid

•  $\Delta^{8}$ -tetrahydrocannabinol carboxylic acid

# VARIATIONS ON MARIJUANA

#### $\Delta^9$ -tetrahydrocannabinol carboxylic acid



### GC/MS RESULTS

## CHEMISTRY LESSON 4



#### WHAT DO THE NUMBERS ON THE LAB REPORT MEAN?

	225 Parsons St (866)492-251	neet Kalamazoo, M 17 ph (266)46/2-77	41, 49007 04 fax		
Report To St. Joseph County 300 N. Michigan South Bend, IN 46	Report Date: 7/15/2014 08:31 Collector				
			Collected 7/10/	2014 00:00	
Specimen ID: 8065785 Donor Name/ID: Lab ID: 765699 Received: 7/14/201	Godbert De				
Panels:	Result	Quantitation	Screen Cutoff	Confirm Cutoff	
AMPHETAMINE * *	Negative		20 ng/mL		
METHAMPHETAMINE	Negative		20 ng/mL		
THC	POSITIVE		1 ng/mL	index of the second	
delta-9 tetrahydrocannabinol	POSITIVE	44.9 ng/mL	-	0.5 ng/mL	
			5 ng/mL		
COCAINE	Negative				
COCAINE OPIATES	Negative		ng/mL		
COCAINE OPIATES BENZODIAZEPINES	Negative Negative		ng/mL 10 ng/mL		
COCAINE OPIATES BENZODIAZEPINES BARBITURATE	Negative Negative Negative		ng/mL 10 ng/mL 100 ng/mL		
COCAINE OPIATES BENZODIAZEPINES BARBITURATE METHADONE	Negative Negative Negative Negative		ng/mL 10 ng/mL 100 ng/mL 5 ng/mL		
COCAINE OPIATES BENZODIAZEPINES BARBITURATE METHADONE PCP	Negative Negative Negative Negative Negative		ng/mL 10 ng/mL 100 ng/mL 5 ng/mL 2 ng/mL		
COCAINE OPIATES BEAZODIAZEPINES BARBITURATE METHADONE PCP OXYCODONE	Negative Negative Negative Negative		ng/mL 10 ng/mL 100 ng/mL 5 ng/mL		
COCAINE OPIATES BENZODIAZEPINES BARBITURATE METHADONE	Negative Negative Negative Negative Negative Negative		ng/mL 10 ng/mL 100 ng/mL 5 ng/mL 2 ng/mL 50 ng/mL		

Some [courts] interpret changes in quantitative levels of drug metabolites as evidence that new substance use has occurred... Unless a [court] has access to an expert trained in toxicology, pharmacology, or related discipline, such practices should be avoided. Quantitative metabolite levels can vary considerably based on a number of factors, including the total fluid content in urine or blood.

Cary, P. (2004). Urine drug concentrations: the scientific rationale for eliminating the use of drug test levels in drug court proceedings. NDCI Drug Court Practitioner Fact Sheet, (1).



# CHEMISTRY LESSON 5

# HAIR FOLLICLE TESTING IS NOT MAGIC

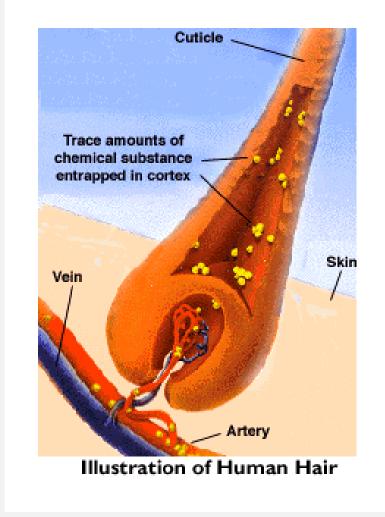
# WARNING

Unfortunately, it has become clear that data in child protection cases involving hair analysis for markers of illicit drug and alcohol misuse, respectively, has either not always been presented in a way that enabled the Courts to give proper weight to the evidence, or has been erroneous, with incalculable consequences for the families involved.

Cuypers E, Flanagan RJ. The interpretation of hair analysis for drugs and drug metabolites. Clin Toxicol (Phila). 2018 Feb;56(2):90-100.

# WHY TEST HAIR?

- Hair is composed mostly of protein
- Principle protein = keratin
- Drug metabolites in bloodstream are deposited into hair follicle
- Drug metabolites get trapped in keratin matrix of hair as it grows
- Drug metabolites can be reliably isolated from the most recent 3.75cm of growth





## HAIR FOLLICLE TESTING



### **ADVANTAGES**

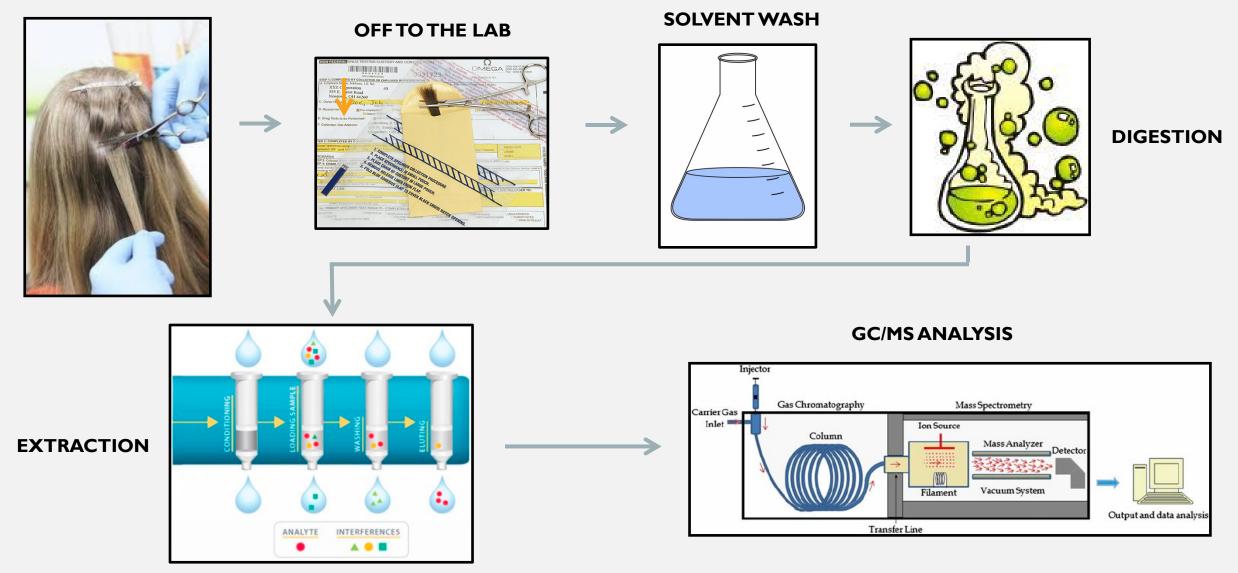
- Longer detection window (~90 days)
- Relatively non-invasive
- Difficult to adulterate
- Stable specimen

### DISADVANTAGES

- Unable to detect recent use
- More expensive
- May not be available if subject is bald
- Risk of false positives from environmental exposure
- Requires laboratory analysis
- Hair color bias

### HAIR TESTING PROCESS

SAMPLE COLLECTION

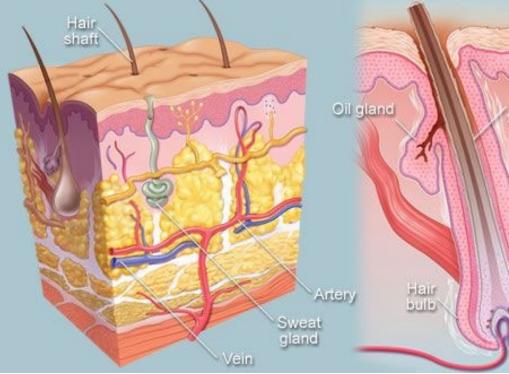


#### OTHER WAYS DRUG METABOLITES CAN **BE INCORPORATED** INTO HAIR

#### Sweat at sebum

#### Environmental exposure

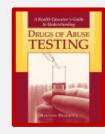






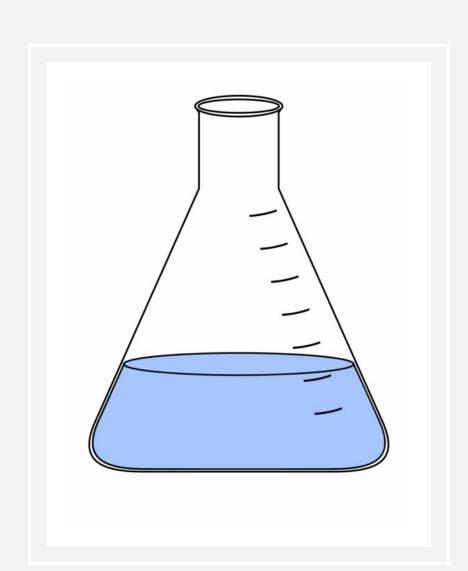
# 90-DAY WINDOW IS NOT EXACT

- Head hair grows at an average rate of Icm per month
- 3cm sample represents roughly a 3-month period
- Variations in hair growth rate
- Variations in how close to the scalp the hair is cut



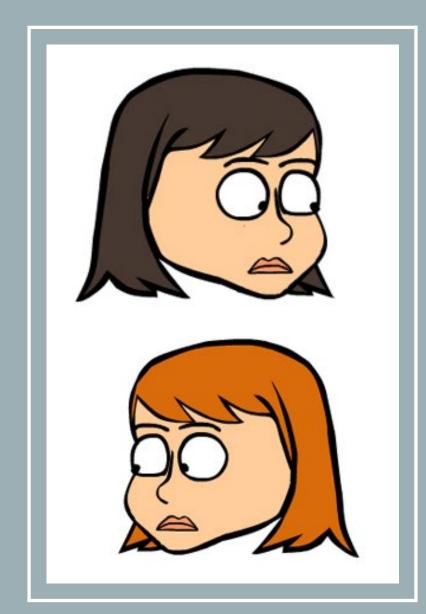
RISK OF SWEAT, SEBUM, OR ENVIRONMENTAL CONTAMINATION

- No set standard for decontamination across industry
- Washing procedures may move surface contaminants into the hair matrix
- No 100% reliable way to distinguish ingestion from environmental contamination



# EFFECT OF HAIR COLOR

- Melanin is responsible for hair color
- Melanin is a polymer consisting of eumelanin (black/brown) and phemelanin (red)
- Some drug metabolites bind more to eumelanin than phemelanin



# THE ROLLINS STUDY

Even among persons with the same hair color, there are racial differences in drug metabolite intake

After the same dosage pattern of codeine, Asians with black hair tested 56% higher than Caucasians with black hair. Asians have a higher percentage of melanin in their hair.

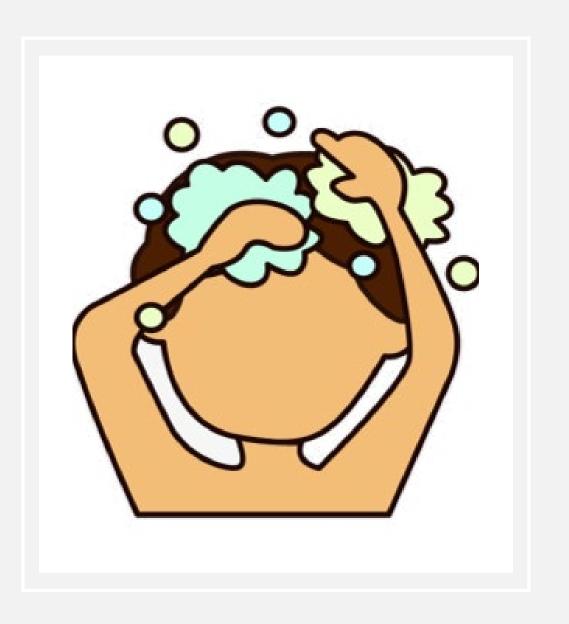
Rollins DE, Wilkins DG, Krueger GG, et al. The effect of hair color on the incorporation of codeine into human hair. J Analytical Toxicol. 2003;27:545-551.



#### 2500 2000 1500 ∎pg/mL 1000 500 0 ASIANS WITH BLACK RED **BLOND** BROWN BLACK HAIR

3000

## HAIR FOLLICLE TEST RESULTS AFTER 5 WEEKS OF CODEINE DOSING



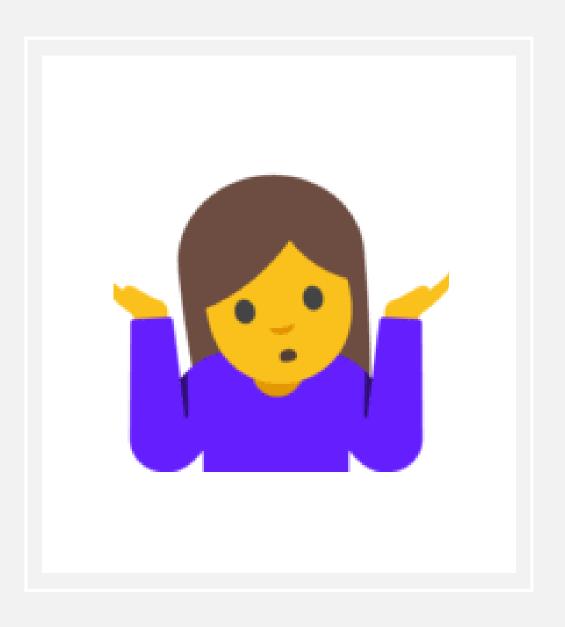
#### CHEMICAL TREATMENTS AND SHAMPOOS

Slight decrease in metabolite concentrations for cocaine, monoacetylmorphine, and marijuana, but not enough to cause a positive hair specimen to test negative.

Rohrich J, Zorntlein S, Potsch L, Skopp G, Becker J. Effect of the shampoo Ultra Clean on drug concentrations in human hair. Int J legal Med. 2000;2:102-106.

Bleaching can affect the stability to benzodiazapines in hair and result in decreased drug concentrations on testing, but not to the extent that regular benzodiazepine use would not be detected.

Yegles M, Marson Y, Wennig R, Influence of bleaching on stability of benzodiazapines in hair. Forensic Sci Int. 2000;1-7:87-92.



Bleaching and chemical treatment also make hair more susceptible to drug uptake from environmental exposure.

Skopp G, Potsch L, Moeller M. On cosmetically treated hair: aspects and pitfalls of interpretation. Forensic Sci Int. 1997;84:43-52.

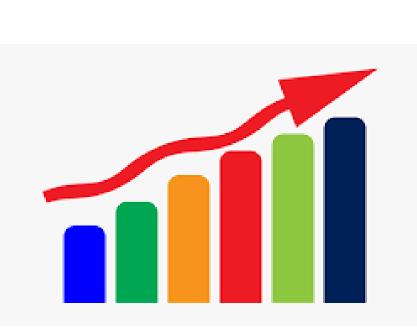
In all cases studied, the drug content in hair that had undergone treatment decreased in comparison with untreated hair with mean differences of between approximately 40%–60% depending on the substance, type of treatment, and the extent of hair damage.

Jurado, C., Kintz, P., Menéndez, M., & Repetto, M. (1997). 'Influence of the cosmetic treatment of hair on drug testing' in http://www.ncbi.nlm.nih.gov/pubmed/9228567; 110(3):159–63. PMID: 9228567.

#### CAN WE COMPARE LEVELS FROM TEST TO TEST?

Incorporation of drugs into the hair is not consistent from person to person or even across multiple ingestions by a single person.

Kitnz P, Bundeli P, Brenneisen R, Ludes B. Doseconcentration relationship in hair from subjects in a controlled heroin-maintenance program. J Analytical Toxicol. 1998;22:231-236.



### CHAIN OF CUSTODY

- Collection
- Sample
- Sample Sent to Lab
- Received by Lab
- Lab Process
- Results



### EXAMINATION OF DRUG COLLECTOR/TESTER

- Training
- Home, Office, Lab, Etc.
- Type of Test
- Collection
- From Where?
- Sample Packaging
- Sample Sent to Lab
- Receipt of Sample
- Testing



### ADMISSION OF DRUG TEST

Foundation Mark Show Approach Identify

CERTIFICA	ATE OF ANALYSIS	50	Alaba	Piolah
Instructing Agency:			Sample Details	a Convenience . More
monucong Agency:	Case Ref. No: TL06126		Sample Type:	Chest Hair
	Sample Donor Details		Date Collected:	11-Apr-17
	Forename:		Date Received:	11-Apr-17
	Surname:		Date Reported:	18-Apr-17 N/A
	Date of Birth: Sex:		Hair Length: Hair Segment:	N/A
	Jex.		Start of Time Period:	end of Mar 2016
		145823	End of Time Period:	end of Mar 2017
LC-MS/MS TEST RESULTS				
Drug Group	Compound	Cut-Off	Concentration	IN THE REAL PROPERTY.
		(og/mg)	(rig/mg)	
Opiates	Morphine	0.2*	Negative	
	Dihydrocodeine	0.2*	Negative	
	Codeine 6-Monoacetylmorphine (6-MAM)	0.2*	Negative Negative	
Contraction of the second	SoHT) recommended cut-off guideline values.	0.2		CARLES AND A THINK OF

# Questions?

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Diana Rugh Johnson, JD, CWLS diana.johnson@georgiacourts.gov 404.276.0045